

TNQ NEWS

APRIL 2020



Dear Resident,

We really hope that you and your families are well.

As Coronavirus grips the country and many of us are facing challenging times, we would like to make you aware of some of the changes we now have in place at TNQ to help our residents stay safe.

As Easter weekend approaches and good weather may prove tempting for many, we also wanted to share with you details of activities going on locally that you may be able to enjoy from the comfort of your own home.

As ever and to echo the sentiments of the nation, we ask residents to stay at home to help protect our NHS and so that we can play our part to save lives.

Wishing you all a happy and safe Easter weekend, The TNQ Team.

COMMUNITY HELP HUB - BARNET WORKING TOGETHER AT A TIME OF CRISIS

Community groups across Barnet Council are pulling together to support vulnerable people during the coronavirus crisis. By working in partnership with Barnet Together, the council along with a task force of charities, faith groups and businesses' have combined their efforts to support vulnerable residents.

A Community Help Hub has been set up to create a network of local support that will help anyone in the community who needs it as the COVID-19 pandemic unfolds. Anyone who needs help, or is able to help, should get in touch.

Coronavirus (COVID - 19): Latest information and advice

For information about how we are working to support our residents, communities and businesses, and the latest advice about council services visit: barnet.gov.uk/covid19

If you, a family member, friend, or close member of your community are in need of urgent help that is **not medical related**, contact us through: covid19support@barnet.gov.uk or call 0808 281 3210.



SUPPORT YOUR LOCAL FOOD BANK!

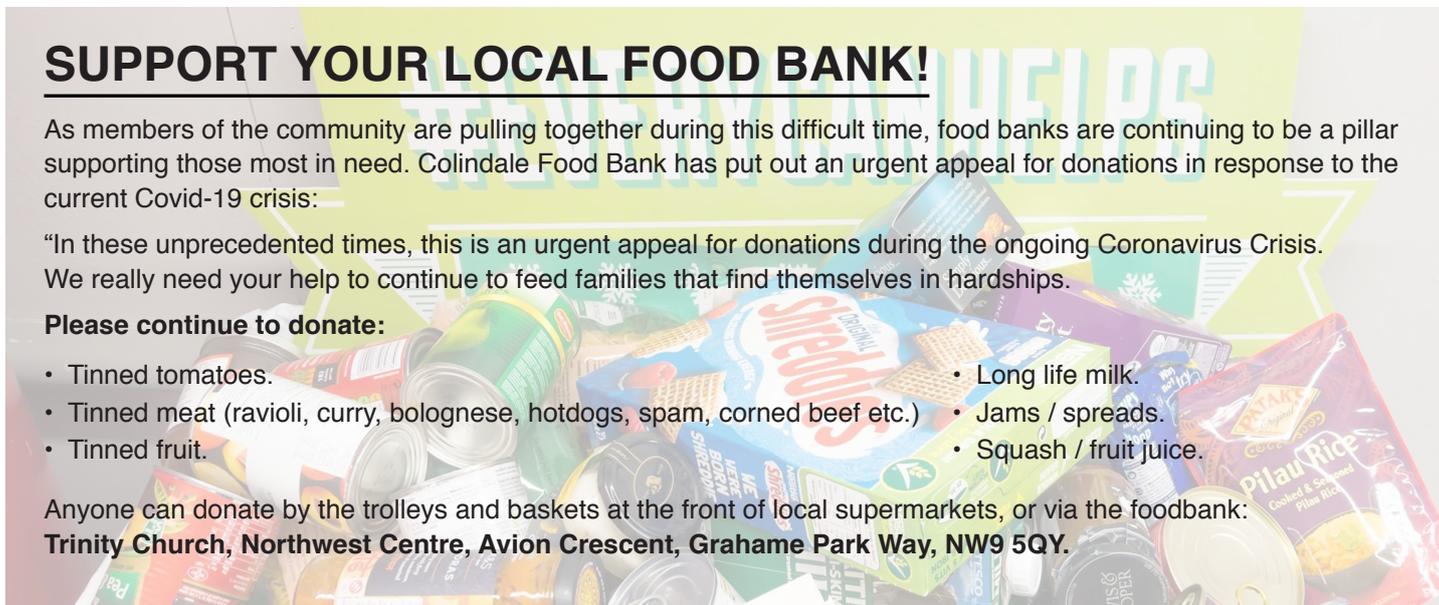
As members of the community are pulling together during this difficult time, food banks are continuing to be a pillar supporting those most in need. Colindale Food Bank has put out an urgent appeal for donations in response to the current Covid-19 crisis:

"In these unprecedented times, this is an urgent appeal for donations during the ongoing Coronavirus Crisis. We really need your help to continue to feed families that find themselves in hardships.

Please continue to donate:

- Tinned tomatoes.
- Tinned meat (ravioli, curry, bolognese, hotdogs, spam, corned beef etc.)
- Tinned fruit.
- Long life milk.
- Jams / spreads.
- Squash / fruit juice.

Anyone can donate by the trolleys and baskets at the front of local supermarkets, or via the foodbank:
Trinity Church, Northwest Centre, Avion Crescent, Grahame Park Way, NW9 5QY.



REMEDIAL WORKS

As you may be aware the government in their recent advice have requested that construction works should continue wherever possible and as such, has produced a set of guidelines to ensure that this can be done whilst maintaining the necessary safety procedures.

Internal Remedial Works

We are now very close to finishing the works on the apartments and corridors where work had commenced prior to the coronavirus outbreak. We hope to have these properties completed and all areas fully deep cleaned by end of April.

In relation to the progression of the main remedial works, we trust you will understand that we are unable to progress with our anticipated programme of works at this current time. We will of course be ready to start work as soon as we are able to and it has been deemed safe, for both our workforce and residents, to do so.

Façade Remediation Work

As noted previously, whilst our analysis and planning with the future contractor is progressing, we do not believe that now is the right time to potentially disturb residents and put anyone at unnecessary risk. With this in mind, we have paused works to the façade until the current government restrictions have been lifted.

We are, however, preparing a comprehensive information pack which will be distributed to all residents at the appropriate time and will be holding briefing and Q&A sessions around these works in due course.



Work to commercial units

There are some works required to one of the commercial units to form a management suite and welfare centre to be used by the contractors as works progress. It has been identified that a significant amount of these works can be actioned without any disturbance to residents, whilst maintaining all social distancing requirements.

This work will give us a head start on one area of our works programme whilst maintaining some degree of continuity for the workforce and hence we are currently working up a method statement for consideration.

WAKING WATCH

Please be reassured that the waking watch fire wardens will continue to patrol our buildings 24/7. We have had precautionary discussions with the waking watch provider and have been assured that should any warden not be able to work, that a sufficient pool of trained wardens will be available.



Royal London is fully committed to maintaining and funding this resource for as long as the remedial works dictate that there is such requirement.

Furthermore, the wardens should also now have had their supply of PPE replenished. The initial call for this equipment was, quite rightly, prioritised for the frontline NHS services and for that reason replacement stock has been extremely hard to come by. We do believe that we have overcome this and all wardens should now be suitably protected.

We will continue to remind the wardens around their need for social distancing and the instruction that they should not use the lift if it is being used by a resident also.

Covid-19 Community News Updates

The Barnet community is pulling together to offer support to residents throughout the upcoming weeks. 'Barnet COVID-19 Mutual Aid' is a Facebook group dedicated to get Barnet residents in touch with one another, organise food drop-offs and share vital information relevant to the Barnet area. Anybody living or working in Barnet is welcome to join.

'Colindale COVID-19 Mutual Aid' is a smaller support network for residents specifically in Colindale.

Volunteer as a COVID-19 point of contact

Colindale community action group is looking for volunteers to sign up as a point of contact.

'We want to make Mutual Aid grassroots and help each other support our local communities, neighbour to neighbour, street to street, block to block. If we have two points of contact people in each street we can get help to people quickly improve life for people in need that are self-isolating.'

For more information email colindalemutualaid@gmail.com

STAY AT HOME AND SAVE LIVES

Normally we provide you with a list of local events going on in the local community. This month we aim to bring local events to you as we encourage people to stay home.



RHYME TIME

If you have young children at home and are missing your Rhyme Time session at the local library on a Friday, you can watch Tracey's sessions online. To make sure you don't miss the next one, you can subscribe on the Barnet Libraries website or Facebook page. [@londonlibraries](#) [@BarnetCouncil](#)

AROUND THE WORLD IN 10 MUSEUMS

A number of world-renowned museums, including the British Museum in London, the Museum of Modern Art in New York and the Louvre in Paris, all have online facilities which allow the public to tour their collections from home. Using the same technology as Google Street Views, the museums allow you to move around freely, giving a feeling of what it is actually like to be there.

For a list of online museums, please visit top10.com/virtual-museum-tours

To access the Google Arts and Culture collections, visit artsandculture.google.com

And...

Don't forget to support local businesses. In light of the current situation, Café Anglais in Colindale is offering a free home delivery service for all orders (t&c's apply).

To find out how call **020 8205 3720** or email info@cafeanglais.com

GYM UPDATE – FREE ONLINE CLASSES

You may recall that in our March newsletter we shared news with you about the opening of Anytime Fitness Colindale.

Their plans have inevitably been delayed due to the Covid-19 pandemic, but they wish to reassure residents that the construction phase will continue as soon as guidelines allow.

In the meantime, they recognise the importance of staying active, both physically and mentally and so are offering Anytime Fitness TV for free. Here you can access over 50 live workouts every week, from Zumba and Yoga to HIIT, boxing and pilates.

Any questions, email colindale@anytimefitness.co.uk



HOW TO JOIN:

STEP 1. Register interest for Anytime Fitness Colindale <https://atpresale.clubwise.com/londoncolindale/enquiry.asp>

STEP 2. Join Facebook group: <https://www.facebook.com/groups/anytime.fitness.tv>

STEP 3. Start working out!

TNQ HEROES

At a time when communities and neighbourhoods are coming together to support one another, if you have a neighbour at TNQ who has gone above and beyond to help you or someone else, please do let us know. Perhaps you have friend or family who is a key worker or is on the frontline and you would like to say thank you.

Send details to dm@tnq-london.com

STAYING AT HOME - TNQ

As everyone is being asked to remain at home, we politely ask that everyone be mindful of their neighbours and courtesy is given in respect of noise, especially at weekends and in the evening, as some residents still have to work.

We also request that care is taken to ensure distance remains between all residents and that the lifts are not used at the same time with non-family members.

May we also remind residents that children are not allowed out into the garden areas unsupervised.

CONCIERGE SERVICE

In order to protect our staff and residents, we have had to suspend the concierge service for Cara and Dara House.

This will remain closed for as long as government guidelines require us to self-isolate and practice social distancing. The Concierge will remain on site and continue to carry out their other security and safety duties but will be unable to accept deliveries.

We apologise for this temporary loss of service but hope you can understand our reasoning and the need to keep

both our residents and our site staff safe. If you are a key worker and unavailable to receive a delivery, please contact the concierge to discuss possible alternatives.

Network Homes does not provide a concierge service in Avery and Bree Court. Can residents please avoid requesting any items to be delivered to the security team as they will not be able to accept them.

M&S

M&S is setting aside the first hour of trading on certain days for our elderly and vulnerable customers, and for NHS staff and emergency workers.

Mondays and Thursdays: **For elderly and vulnerable customers.**

Tuesdays and Fridays: **For NHS and emergency workers.**

OPENING HOURS

As the Bank Holiday weekend approaches, please be aware of the local shops opening times:

Aldi: Open 8am-8pm every day,
closed Easter Sunday

Wilko: Open Good Friday and Saturday 10am-5pm,
closed Easter Sunday. Open Monday 11am-5pm

M&S: Closed Easter Sunday, Open Monday 9am-6pm

Asda: Closed Easter Sunday

Key contacts

Network Homes (Avery & Bree)

Security team: **07891 216 201**

Can be contacted for Anti-Social Behaviour issues and electrical meter readings/top ups.

Customer Service Centre

Can be contacted for all Neighbourhood and Estate management queries.

03003 733 000

customerservice@networkhomes.org.uk

Capitol Way Resident Liaison Team

Can be contacted for enquiries relating to the Fire remediation project only.

cwliaison@networkhomes.org.uk